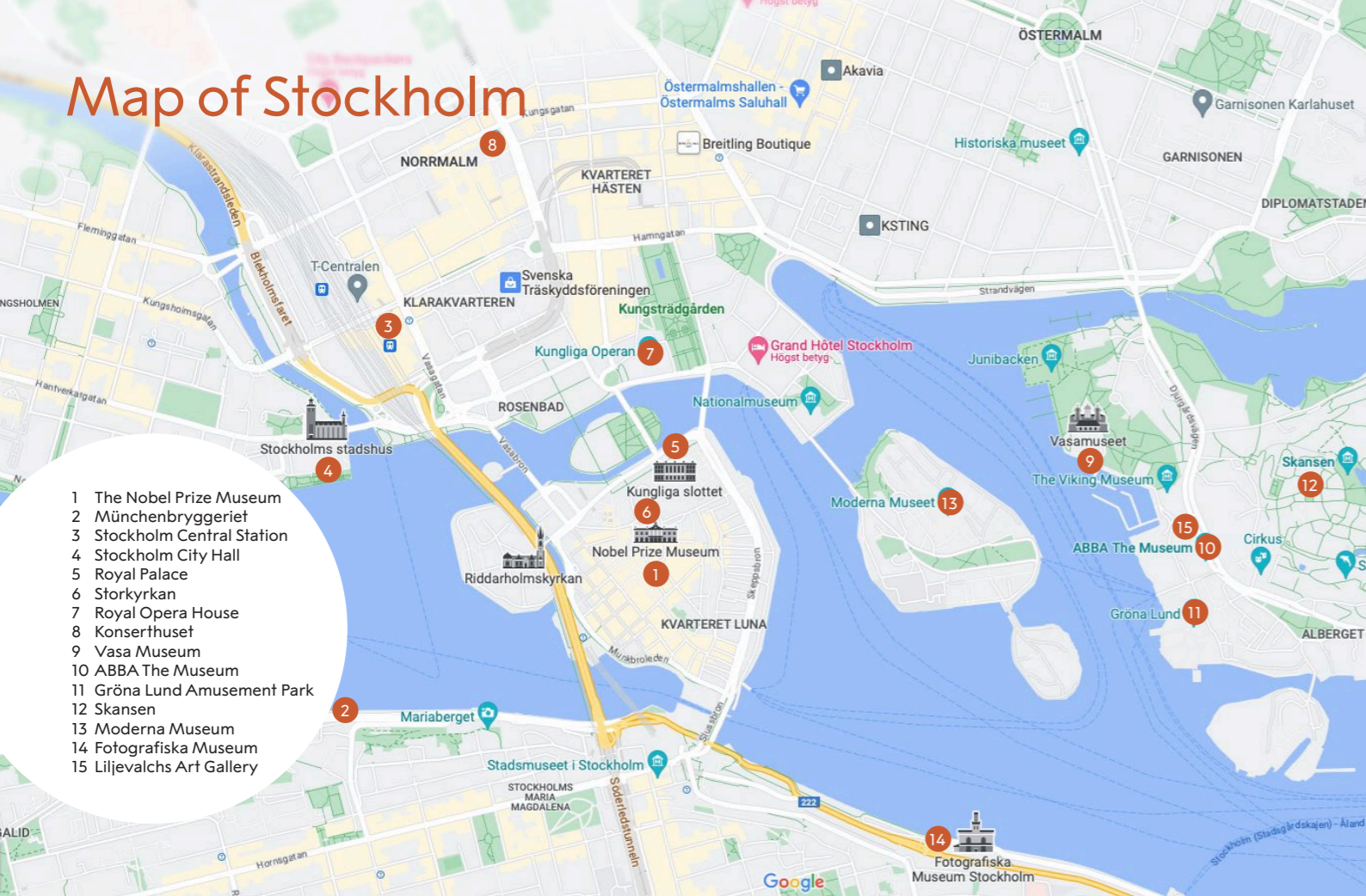


THE  
NOBEL  
PRIZE

Welcome  
to Stockholm  
and the Nobel Prize  
Teacher Summit

Here are some handy tips!

# Map of Stockholm



- 1 The Nobel Prize Museum
- 2 Münchenbryggeriet
- 3 Stockholm Central Station
- 4 Stockholm City Hall
- 5 Royal Palace
- 6 Storkyrkan
- 7 Royal Opera House
- 8 Konserthuset
- 9 Vasa Museum
- 10 ABBA The Museum
- 11 Gröna Lund Amusement Park
- 12 Skansen
- 13 Moderna Museum
- 14 Fotografiska Museum
- 15 Liljevalchs Art Gallery

## The 2026 Extended Programme for International Guests

### Wednesday, 18 March

From 14:00 at the Nobel Prize Museum  
Drop-in registration at the Nobel Prize Museum, Stortorget 2, Gamla stan.

14:15 and 14:35  
A customised guided tour at the Nobel Prize museum.

15:00  
Coffee/tea and sandwich.  
A welcome address and an introduction to the Nobel Prize Teacher Summit and the extended programme.

16:10  
Group photo outside of the Nobel Prize Museum before we walk from the museum to the Stockholm City Hall (20 min walk).

17:00–18.30  
Reception at the Stockholm City Hall with a welcoming by a representative from the city of Stockholm, and a guided tour. Free of charge for international participants who have registered for the extended programme.

### Thursday, 19 March

8:30–15:45 Democracy Mission in Swedish Schools  
This day will give you an insight in how the democracy mission in the Swedish curriculum is formulated and how it is being interpreted in daily life in schools.

From 8:15 at Nobel Prize Museum  
Drop-in registration, coffee/tea available.

8:30–14:00  
Introduction, followed by school visits in the Stockholm area.

From 14:30 at Grillska Huset, Köpmangatan 2, Gamla stan  
Welcome back, coffee/tea available.

14:45  
Workshop and presentations from school visits.

16:00–17:00  
Bubbles and a bite.

### Friday, 20 March

8:30–16:30 Nobel Prize Teacher Summit 2025  
A full day programme at Münchenbryggeriet, Torkel Knutssongatan 2, Stockholm. The general programme will be published on our website.

### Saturday, 21 March

10:00 at the Nobel Prize Museum  
An introduction on how to arrange a Nobel Prize Teacher Summit hub. Coffee/tea available.

11:15–12:15  
A customised guided tour of Stockholm Old Town.



Nobel Prize Teacher Summit 2026

## Practical Information

### Transfer to/from the airport

There are buses and/or trains regularly going into the city. Transfer tickets are available at the terminal upon arrival at your Stockholm airport.

Please find detailed information via the links below



Stockholm Arlanda Airport



Bromma Stockholm Airport



Stockholm Skavsta Airport

### Getting around

Public transportation is excellent in Stockholm. SL, Stockholm Public Transport, is the convenient way to travel when exploring the capital of Sweden. The Nobel Prize Museum has not arranged for any additional transport services for this conference.



Please visit this link to find information on how to travel with SL

### Sweden spring weather

The spring weather can be sunny and mild with a temperature around 10°C or more. Or it can be windy and rainy with a temperatures around 5°C or less. So bring a jacket and covered shoes.

### Cash and cards

Sweden is a very cashless society. Most bank branches have stopped handling cash; many shops, museums and restaurants only accept credit cards, debit cards or mobile payments.

Major credit cards (some restrictions may apply to American Express) are widely accepted throughout Sweden at hotels, stores, restaurants, taxis, car rental companies and for tickets when travelling.

In order to pay or withdraw cash with your credit card you need a card with a chip and PIN (Personal Identification Number). The older magnetic-stripe cards without a chip won't work.

Most credit and debit cards will charge you for using a cash machine abroad, but since it varies between companies, contact your card-provider to know the rate for sure.

The monetary unit in Sweden is the krona (SEK). Bank notes are printed in values of 20, 50, 100, 200, 500 and 1,000 kronor. The coin is available as 1, 2, 5 and 10 kronor. Euro (€) bills or coins are not valid in Sweden.

### Is the food and water safe?

**The food**  
Swedish restaurants and takeaway shops have to meet strict health and safety criteria in order to serve food, and are subject to regular checks. Getting sick from food in a restaurant is unusual.

**The tap water**  
The cold water that comes out of the tap is safe to drink, and Swedes rarely buy still bottled water.

### Shopping

Regular shopping hours  
Monday–Friday 9:30–18:00  
Saturday 9:30–14:00/16:00

In Stockholm, department stores remain open until 19:00 or longer. Some are also open on Sundays between 12:00 and 16:00. Shops generally close early the day before a public holiday.

### Is Sweden safe?

Sweden is a safe country to travel around in. That said, there is always a small risk that you could be a victim of crime. Keep an eye on your personal belongings – there are frequent reports of pick-pocketing and bag snatchings, particularly in busy areas like Gamla Stan (Stockholm's Old Town). Thefts from hostel and hotel rooms are rare but you should always keep valuables, such as laptops and passports, locked away.

### SOS numbers

If you need help from the emergency services, call 112. This number is always free to call. The staff answering at 112 speaks English and Swedish and will be able to send help to you wherever you are.

For non-urgent crimes the best option is to report directly to a police station. Or, you can contact the police on their non-urgent number, 11414.

### Do I need travel insurance?

The simple answer is yes. Hospital bills and doctors' fees can quickly get out of control and if you have something stolen in Sweden, or miss a flight, or even just leave your phone on the bus, a good travel insurance policy will help you.

### More about visiting Sweden

You will find more facts and practical information about Sweden at the Visit Sweden website.



Visit Sweden

### Eating out in the Södermalm area

Stockholm's southernmost inner-city district ("söder" literally meaning "south") is often described as young and creative with a unique personality. This is also reflected in the local restaurant scene.



Go to this link for some examples of Södermalm's great restaurants



[nobelprizemuseum.se/en](https://nobelprizemuseum.se/en)

Nobel Prize Museum  
Stortorget 2, Gamla stan

NOBEL PRIZE  
MUSEUM